



# Life-form

“A midrash rehash of our journey through scripture together”

**FEARLESS 01-24-10**

*Let not your heart be troubled.*

**Text: John 14:1-31**

*Read and meditate on the passage, focusing on vs. 25-27:*

*All this I have spoken while still with you. But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.*

**Reflect:** (Spend time with God thinking about these statements or questions)

Has anyone close to you been gone for a long period of time?  
How did you feel when you first knew of the departure?

**Say What?** (Discuss the following questions with your group or some friends)

What circumstances may have caused the disciples' hearts to be troubled?

How does the text portray the disciples' reaction? Did they really understand what Jesus was trying to explain to them?

What is the role of the Holy Spirit as described here by Jesus?

How does the Holy Spirit act as a counselor?

**So What?** (Discuss the following questions with your group or some friends)

What brings your heart trouble in this life?

How is the peace that Jesus gives different from the peace that the world gives?

How have you experienced peace in the midst of troubling circumstances? Have you seen the Holy Spirit's work during those times?

**Now What?** (Look for ways to apply at least one concept to your life)

Make a list of the things in life that trouble your heart and make you afraid. Turn them over to God each day this week.

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**References** (The following sources can take you further than this guide)

[www.onelifechurch.blogspot.com](http://www.onelifechurch.blogspot.com) (One Life blog where I and others will add stuff we thought about during preparation each week)

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