



Life-form

“A midrash rehash of our journey through scripture together”

FEARLESS 01-17-10

We always have hope.

Text: Lamentations 3:19-26

I remember my affliction and my wandering, the bitterness and the gall. I well remember them, and my soul is downcast within me. Yet this I call to mind and therefore I have hope: Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. I say to myself, "The LORD is my portion; therefore I will wait for him." The LORD is good to those whose hope is in him, to the one who seeks him; it is good to wait quietly for the salvation of the LORD.

Reflect: (Spend time with God thinking about these statements or questions)

Have you had “desert” times in your life when you felt God had forgotten you or ignored your prayers?

Say What? (Discuss the following questions with your group or some friends)

The writer, Jeremiah, had experienced unanswered prayers and hardship for years. How does he approach God as a result?

How is he able to find hope in his situation?

What are the attributes of God that he reminds himself of?

So What? (Discuss the following questions with your group or some friends)

Do you think you have the kind of faith that Jeremiah had, faith that still has hope in the midst of overwhelmingly challenging circumstances?

What can we do regularly to help us “call to mind” the truth about who God is?

What does it mean to “wait quietly for the salvation of the Lord” How does that play out in your life?

Now What? (Look for ways to apply at least one concept to your life)

Whatever you are going through, remind yourself that God is faithful. What can you do this week to cling to that promise?

References (The following sources can take you further than this guide)

www.onelifechurch.blogspot.com (One Life blog where I and others will add stuff we thought about during preparation each week)

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